



# Gentle Earth Walking

Scott Alexander King

*Some say* that in the beginning there was eternal darkness – a gentle void, a blanket of fertile nothingness that enveloped the universal plains. The Great Mother was an ever-unfolding massive expanse of nurturing energy that lovingly wrapped itself around everything it encountered, drawing all into its protective womb. Then there was a stirring, a drawing of great physical power and a desire for change. The force grew, expanding to many times its original size while waiting restlessly for the right time to stretch its masculine consciousness out into the universe.

The Great Mother, feeling the shifting forces at work, ventured forth to explore. As her feminine awareness disturbed this new power, a great eruption occurred. A cataclysmic explosion of such magnitude that torrents of red-hot liquid rock and gas went shooting out into the Universe, spewing molten rivers of fire and steam into the previously dormant, peaceful void. As was in her nature, the Great Mother gathered together this rampant energy, pulling it deep within her womb where it continued to boil, familiarising itself with its new power and consciousness. Within

the Great Mother's womb, a calming, fertile atmospheric sheath formed around the new force, gradually taming the fiery passion to a harmonious balance of creativity and expectation. Within this sheath, life itself began. The gaseous shards of liquid fire sent shooting into the void became the planets, the original "stone people". Amongst the rubble of twisted, cooled molten rock of our own Earth Mother grew the first "standing people": the plants, shrubs, healing herbs and trees and, as the atmosphere reached an equilibrium and the weather settled, the "no see'ums" wiggled into being as the original bacterial life forms. Then emerged the first "creepy crawlies" in the form of insects, arachnids and mini beasts, followed by the "swimming beings", with some even daring to explore life on land, after which came the "winged ones", the hooved and the clawed.

*Every living thing in nature represents Creation*

From the meeting of "the two opposites that are equal" (the light and the dark, the male and the female and the masculine and the feminine), some believe that Creation was realised and it was here that life itself began. Every living thing in nature represents

Creation. Surrounding all that is Creation is found the "Great Mystery", or the essence of all that is known to be unknowable – the core mysteries of life, death and rebirth. Life, it is said, is about the equal balance of the masculine and the feminine, and only when there is imbalances do we experience trouble and strife. Masculine energy is typically metaphysical in nature and therefore cannot be put into a box. Sunshine, lightning, passion, sexual energy and war are all masculine in form. Feminine energy however, is very physical in nature and can be touched, seen and felt. The womb, the Earth herself, the bearing of the children, the growing of the crops and the nurturing of the people are all feminine forms. Since ancient times it has been said that without the darkness of the Great Mother's Womb, the nurturing energies of our Earth Mother, and the masculine light of the Grandfather Sun, the tiny acorn cannot be expected to grow into the mighty oak.

Ancient wisdom clearly illustrates our relationship to all things. What may be initially seen as inert, the ancient teachings depict as living. It is said that all things of nature, ultimately being created from the one source, deserve equal honour and

respect. As a result, the traditions of many indigenous people encompass nature as a whole, with the understanding that Spirit lives within all things of nature, forming the core of their belief system. The teachings imply that the earth is our mother – that from her we came and to her we shall return. She supplies us with everything we need. She cradles us when we are despaired, feeds us when we are hungry and shelters us when we are vulnerable. She loves unconditionally as mothers will. She scolds, when we disrespect her by lashing us mercilessly with storms and drought. She instructs us well in all of life's lessons – of giving and taking, of love and war, birth, death and rebirth. She teaches symbolically, her lessons clearly marking our rites of passage with the changing of the seasons, the transition of day into night, the waxing and waning of the moon and the ebb and flow of Grandmother Ocean's tides.

She gifts us with healing herbs, medicine stones and vibrational wisdom hidden deep within her heart, made available to us as needed. She employs the animals as mentors, healers and guides, each symbolically gifted with a sacred message intended to guide us to a place of wholeness – individually and as a united people. The animals present themselves when we need them most. They share their knowledge unconditionally, even if we do not consciously heed their wisdom at the time. Her animals, our 'creature-teachers', can assist us in the manifesting of change; they can help bring about healing for ourselves and for others. They can return a traveller safely home or ensure a safe passage for someone about to embark on a journey and can ease the pain a Mother feels as she watches her children leave home, just as they can ensure health, peace and happiness when a new baby enters the world. There is an animal with the wisdom to help us with every aspect of our lives, and just as there are animals here on earth willing to inspire with physical implication, there are also animals in the spiritual sense that can be invoked as vibrational teachers, totems and spiritual guides.



With the dawning of the New Age in western culture for example, an enhanced interest in the mysteries of creation was witnessed by all. Everyone began to once again look to the ways of Spirit and nature for confirmation. The Dolphin, as the apparent ambassador of the New Age movement was everywhere. They were depicted on wind chimes, t-shirts, posters and gift cards. They appeared as candles, oil-burners and crystal-

ball stands; as statuary made of blown glass, carved crystal, driftwood and concrete and as inspiration for meditative music, self-help literature and vibrational healing modalities. Such fascination saw the Dolphin move from a mere creature of scientific wonder to a mystical beast of spiritual awakening and rebirth. Dolphin heralded a time of higher learning, healing and self-discovery. It was a time of spiritual evolution – a time of great change.

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The Dolphin brought with it not just permission to delve into the spiritual aspects of life, free of the restraints expected from traditional religion, but also the chance to finally walk one's talk. Many people saw the New Age movement as a chance to focus on their own journey, to reject oppression and to sing from the heart. It afforded them the go-ahead to explore what they had repressed for generations, to trust their intuition and to look to the 'Old Ways' for inspiration. Nature was popular again and many ancient spiritual concepts and cultural belief systems experienced a renaissance. The Earth was not just a planet anymore but was remembered and honoured as our mother. Colour, sound and touch were seen to heal. The animals became teachers and those 'common garden weeds' were reinstated as healing herbs.

The Dolphin witnessed this rebirth. The Dolphin was there to welcome a powerful emergence that brought with it a plethora of spiritual concepts that helped to initiate a shift in global consciousness. War was no longer okay, racism was vulgar, children were sacred and women were celebrated as equals. We still have a long way to go, but the general consensus is that this new way of perceiving life is here to stay. We are learning to love our neighbours and ourselves, to accept diversity and to feel empathy for our animal brothers and sisters. We now care more about the rainforests, oceans, rivers and streams than we do about the softness and whiteness of our toilet paper. We recycle what we can and reuse what we can't. Industry is gradually becoming environmentally friendly as our governments grow ever more environmentally conscious, and we as a people can only get stronger, wiser and more accepting with Dolphin there to guide us. Dolphin is there when we are born. She acts as a spiritual midwife. She 'pilots' us through the birth process in much the same way as her family will accompany a boat out of port to the open sea. A creature who suckles her young and sings to her offspring to comfort them, Dolphin watches as we take our first breath and continues to protect us as we progress from the watery

world of the womb to the physical world of Mother Earth, just as she did millions of years ago (in reverse) when she evolved from a land dwelling beast to a totally aquatic mammal. Dolphin is there too, as we navigate our way through life, offering support and protection when needed. She inspires our dreams, meditations and aspirations as she lovingly watches from the sidelines until called upon once again to help plot our course back to Spirit.

Sadly, many people remain ignorant to the fact that Mother Earth is in constant communication with them. As children of Mother Earth, the genetic link we share with the land is equally as powerful as the bonds that link us to our biological family. From the view that plants leave a vibration of their genetic makeup in the earth with every fertile seed they drop comes the belief that every event that helped shape the land is energetically registered; a record or memory of its happening. Mother Earth is nurturing, receptive in nature and deeply imbued with compassion, love and the power to heal. She births everything at the beginning of its life, and devotedly reclaims it at its death. She draws within her womb all that is needed to create and recreate. She absorbs and integrates what she experiences into her sacred wisdom, tenderly recording every event like a mother who keeps a diary of her child's haircuts, lost teeth and first day at school. The devastation caused by every war or battle, the planting of every crop, the emergence of every mountain or river and the cutting down of every tree is vibrationally recorded deep within the Earth as a memory of its happening, to be evoked and reviewed by generations to come. With each memory comes learning and questions as to what should be done should the event ever be revisited, and whether the event should be re-enacted exactly or changed to better suit the contemporary values and beliefs of the people.





*The more we fight amongst ourselves and allow chaos to rule, the more unsettled the planet will become.*

The Whale is the keeper of Earth Mother's sacred records. She witnesses the proceedings that collectively authenticate the spiritual makeup of the Earth, the memories of each and every event that has ever contributed to her shaping and stores them within her Dreaming. Whale uses this information to help us remember the spiritual history of those areas sacred to our personal journey. She offers ways to work with the land, to enhance our medicine, our lives and the planet as a whole. Whales communicate by sound. They teach us to interpret the sacred sound frequencies that foster memories of ancient knowledge. It is said that those who work with Whale hold within their DNA the ability to hear the secret language encoded in the audible rhythms and vibrations generated by the great mammal. The throbbing, metrical song of the Whale offers us the chance to reconnect the heartbeat of Earth Mother. It reminds us of the double heartbeat we heard as we grew in the womb of our mother, the sound of our heart beating in unison with hers. Whale knows that the only way we can hope to heal the planet is to reconnect with our Mother Earth and walk as one. All the meditation, conscious focusing of energy, prayer, sacred song and healing chants we can muster will only help settle the unrest and ease the pain until we are ready to consciously show liability for our

past behaviour. The more we fight amongst ourselves and allow chaos to rule, the more unsettled the planet will become. The more we judge and repress others, lie, manipulate, cheat and steal; the more we rape the planet and take that which is not rightfully ours, the greater the gap we build between our healing and that of Mother Earth. The more we refuse to acknowledge what is taking place in our own backyards and endeavour to right all our wrongs, the more Mother Earth will be compelled to eventually punish all her children by forcing them to take full responsibility for their actions, leaving them to face the consequences of their selfish, materialistic motivations alone.

We all yearn to take control of our lives and to make a difference to the world. We all yearn to believe in ourselves, to have faith in our ability to heal and to realise our true potential. The realisation that Earth Mother can nurture within us the wisdom to make our healing possible opens a pathway to power for those who seek her counsel. She encourages us to interact on a more productive and fruitful level with each other. She cradles us as we acknowledge our vulnerabilities, face our fears and strive to achieve our dreams. She wants us to remember Spirit, to acknowledge the animals and to remember that we are not apart from the world in which we live, but rather a vital thread in the universal tapestry. We are all threads bound to make a sacred difference to the world; threads which all represent a single but vital strand in the web of life. Each thread is a signpost that not only marks our existence, but one that directs us inherently to our rightful place in life and a sacred strand that if erased or ignored, would threaten the integrity of the universal tapestry, thus weakening the Web of Life.



Scott Alexander King is a teacher, animal spirit intuitive and author of 'Animal Dreaming', a shamanic 'field guide' that offers insight into the wisdom of over 200 indigenous and introduced Australian animals. Scott is available for interviews, workshops and seminars. He is based in the beautiful Yarra Valley, Victoria, Australia. To contact Scott or to enquire about his book, 'Animal Dreaming', visit [www.animaldreaming.com](http://www.animaldreaming.com).



## Workshops

FULL DAY

### ANIMAL DREAMING WORKSHOPS

#### AT THE PERTH ZOO

**Date:** Saturday August 6, 2005

**Venue:** The Perth Zoo

**Time:** 9.30 am - 4.30 pm

**Cost:** \$165.00 per person (full day) which will include full admission to the zoo, refreshments on arrival, fully catered morning and afternoon tea and a lovely lunch.

#### AT THE MELBOURNE ZOO

**Date:** Sunday, October 9, 2005

**Venue:** The Rainforest Room

**Time:** 9.30 am - 4.30 pm

**Cost:** \$165.00 per person (full day) which includes full admission to the zoo, refreshments on arrival, fully catered morning and afternoon tea and a lovely lunch.

#### AT SYDNEY'S TARONGA PARK ZOO

**Date:** Saturday October 29th, 2005

**Venue:** Harbour View Terrace

**Time:** 9.30 am - 3.30 pm

**Cost:** \$165.00 per person (full day) which will include full admission to the zoo, refreshments on arrival, fully catered morning and afternoon tea and a lovely lunch.

### READINGS NIGHT # 1

**Where:** Over Newton Gatehouse  
Old Calder Highway, Keilor  
(Melways reference: 14 E3)

**Cost:** \$20 per person

**When:** Friday July 22nd 7.30 - 9.00pm

For All Booking Details Contact

Leanne Synan

P: (03) 9740 9667 M: 0408 631 411  
[animaldreaming@kindredspirit.com.au](mailto:animaldreaming@kindredspirit.com.au)