

our communities. They are here to instruct us in the ways of truth and honesty. They are here to coach us in clear communication, impeccability and unconditional love. Today's children say things as they are. They do not mince words or tell you what they think you want to hear. They cut to the chase and call a spade a spade. They do so to get to the core of the issue. They do not believe in us beating around the bush, compromising or selling ourselves short. Their purpose is to help us realise that we have been living a lie for eons, with each generation erroneously verifying the false beliefs and values of those previous, thus effectively creating an unbroken cycle of ineptitude, and they are frustrated by our inability to see it. They are even more frustrated by our determination to deny possibility, thus preventing them from realising their Purpose. The more we resist them and their mission the more they will taunt us and flaunt our obvious lack of accountability like dirty laundry, hanging it out for all to see.

So, how do we reverse the conditioning we have all fallen prey to? How do we say 'no' to the desire to believe in the diagnosis of A.D.D. or A.D.H.D. – letters that, in twisted way, seem to spell 'rescuer' to our exhausted, stressed ears? Well, try talking to your kids. Try asking them to share their dreams, their fears and their view of the world and share yours with them. Take time off work so that you might spend some time with your kids. Set aside your weekends for them. Ask them for their suggestions and act upon them by integrating them into your daily routine. Make your kids a productive part of your life instead of expecting them to comply with pointless rules and empty promises that you wouldn't (and don't, I bet) comply with yourself. Do not say one thing and then promptly do the opposite and don't expect your kids to fall for the obsolete '*do as I say and not as I do*' rule of thumb. And how do I know this to be true ... because I am an Indigo myself and I am confident enough to say that if you have read this article, and it has resonated well with you, then you are probably one yourself or you have one living in your home right now. If that is the case, though, I want it made perfectly clear that by identifying you or yours as an Indigo does not afford you the excuse to act up or to allow yours to intentionally make the lives of those around them miserable. With the title of Indigo comes responsibility – to the self and one's Purpose. You must see yourself as the next sacred step in the evolution of humanity, a role that affords you a position of authority and wisdom to be espoused in a gentle way that invites others to follow suit, and with this realisation comes a humbling relief that is sure to bring you to tears. Am I right?

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