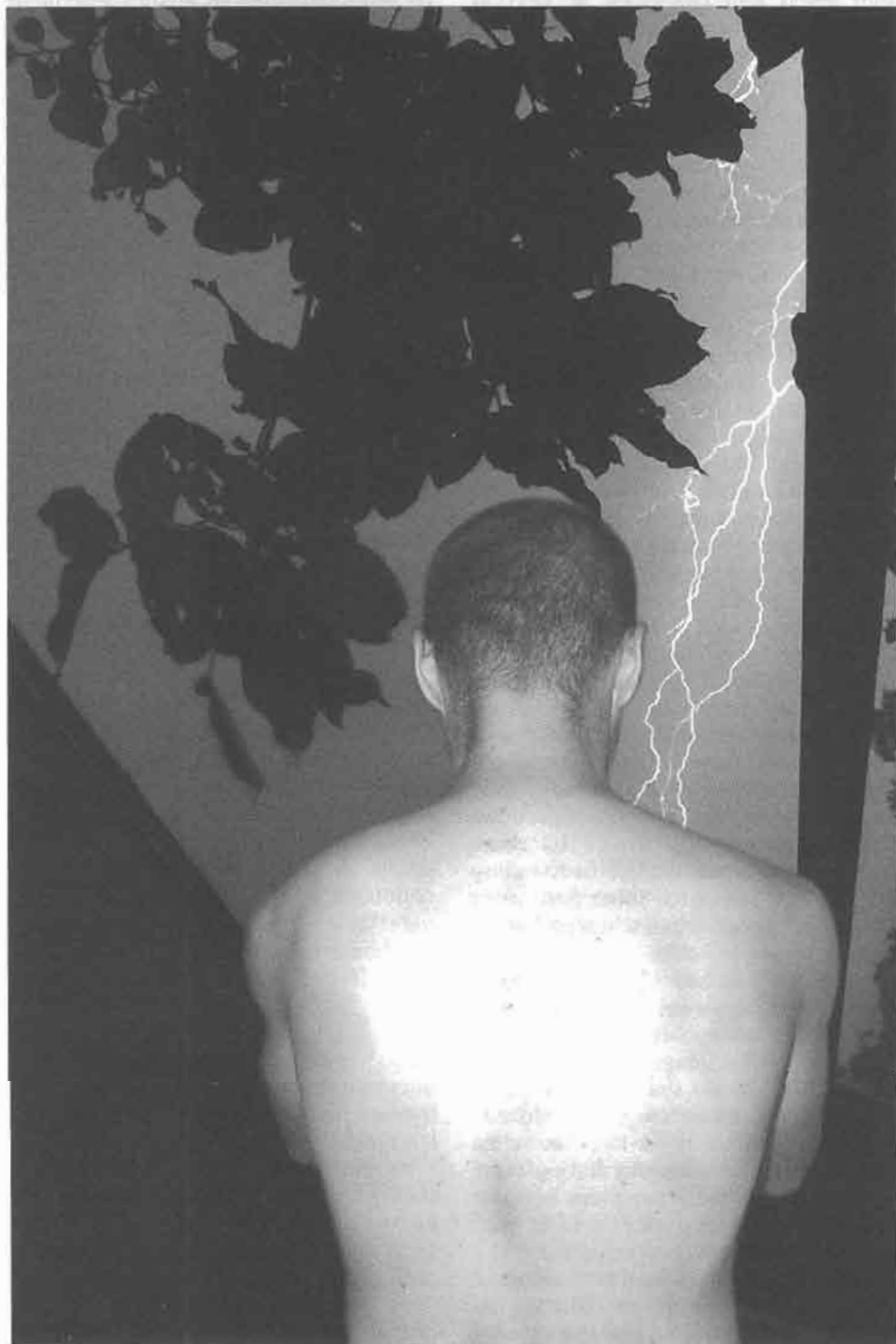


# The Masculine and the Feminine

## *Opposites that are Equal*

by Scott Alexander King



Along with other male contributors to Spheres, I was recently approached to offer an article that might shed some light on male spirituality. For me, this is an area close to my heart. I raise it in all my workshops and have discussed it at length with many people.

From my observation it is clear that humankind has always bounced spiritual power back and forth between the sexes. There seems to be an age-old bane of contention between the two as to who holds the greatest power, the strongest abilities and the deepest relationship with the Creator Spirit.

For the ancients, spirituality was a shared responsibility, with both sexes acknowledged for their individual strengths and weaknesses on an equal basis. Spirituality was not something to be labelled. It was a way of life. It was what one did to live a healthy, abundant life. It was realised that for the Earth Mother and the Creator Spirit to continue to supply the people with what was required for them to survive, they had to honour the source, live in harmony with nature and treat each other with love and respect. They also realised that what is given had to be acknowledged and offered back to the earth in a sacred way. And then darkness came, and for the longest of whiles it seemed that men ruled and all that was feminine was quashed, masculinised and pigeonholed as insignificant and weak. As with all things that are out of balance, however, the feminine power eventually reawakened and returned as a force to be reckoned with. After many years of female dominated spiritual development groups, goddess honouring, women's circles, womb-healing and moon lodges, the men are now, once again, beginning to look within for answers and are asking 'what about us?'

Personally, I am sick of comments like, 'women are more intuitive', 'men are muggles' and 'men need to get in touch with their feminine sides if we are to heal our planet'. The fact of the matter is, most men wouldn't be able to distinguish their 'feminine side' from a vanity basin, and secretly, neither would a lot of women. Not consciously, anyway. It is my belief that men are equally as aware as women, but since time was new, women have taken to the intuitive arts quicker and on a much easier, more natural level, and men have been allowed to forget. Sure, we hear the correspondences made between the phases of the moon and the three phases of women as maiden, mother and crone. Sure, we are encouraged to witness the